

Easton Council on Aging



**15 Barrows Street
North Easton, MA
02356**

Voice/TTD: 508.238.3160

FAX: 508.238.3089

E-mail:
kkennedy@easton.ma.us

Services & Programs

Transportation is available for residents over age 60 & disabled residents to local destinations.

- Grocery Shopping
- Medical Appointments
- Pharmacies
- Shopping Malls
- Local Beauty / Barber Shops
- Council on Aging Programs
- Work or volunteer sites

Outreach Programs

- Newsletter mailings
- Home visits
- Prescription Pick Ups
- Telephone contacts
- Home care referrals
- Delivery of library materials for homebound elders.
- File of Life ID Cards

Recreational Programs

- Art
- Board Games
- Canasta
- Mah Jongg
- Swedish Weaving
- Bingo
- Book Club
- Cribbage
- Poker

Health Promotion Programs

- Health Screenings, sponsored by the Easton Board of Health
- Footcare & Hearing Clinics
- Fitness Classes - Exercise, Tai Chi, Yoga, Zumba
- Educational Seminars
- Health Care Proxy Forms
- Health Insurance Information
- Weight Loss Support Group

Financial Programs

- Income Tax Preparation
- Fuel Assistance Applications
- Senior Tax Relief Program
- Homestead Act Information
- Educational Seminars

Nutrition Programs

- Hot Lunches, sponsored by Old Colony Elder Services, served at Parker Terrace Community Center
- Meals on Wheels delivered to homebound elders

Contact the Easton Council on Aging at 508.238.3160 or by email at kkennedy@easton.ma.us for more information on programs and services.

Easton Council on Aging

Established as a Town Department in 1972, the Easton Council of Aging serves Easton's older residents, age 60 or over. Services are provided with funding from municipal taxes, State and Federal grants along with private donations and volunteer services. Because of this support, many of the programs are offered free or at a nominal charge to our older citizens.

The Council strives to be a resource for elders, their families, and the community-at-large. For needed services not provided by the town, the Council refers elders to appropriate area agencies for



assistance. The Council on Aging's mission is to provide those services and programs that enhance quality of life and enable elders to live with dignity while maintaining health and independence.



On a monthly basis, the Easton Council on Aging mails or emails a newsletter, *The Coordinator*, by request to Easton's older residents and other interested citizens. The newsletter includes information on programs, recreational activities and important topical information for seniors.



The Council on Aging offers many services and programs dealing with Transportation, Nutrition, Finances, Outreach, Health and Recreation.

Ongoing programs are held in the Frothingham Hall Community Center, 15 Barrows Street and the Keefe Community Center at Parker Terrace.

Please see the reverse side of this brochure for a more detailed listing of services and programs offered.

Board Members

Rose Friedeborn, Chairperson
Nicolina Previti, Vice Chair
Lois Parker, Secretary
Jean Shearing
Frank Spillane
Marie Graca
Melinda Nelhuebel

Staff

Kristin Kennedy, Director
Darlene Miller, Office Manager
Beverly Beavers,
Outreach Coordinator
Lisa O'Hearne, Transport Clerk
Elaine Sears, Head Driver
Russell Gouldrup, Driver
Bernie Sullivan, Driver
John Ippolito, Driver
Ronnie Graff, Driver
Steve Costa, Driver
Tom Fobert, Driver

Office Hours

Monday thru Friday

8:00 AM - 4:00 PM